

TUCSON FOOD RESOURCES



compiled by

Tucson Love Letter

more information + direct links:
tucsonloveletter.com/articles/food

PDF last updated Jan. 17, 2026. Contact organizations for availability and eligibility.

Community Food Bank 🍏🍴

Times and locations vary

520-622-0525

CFSP, TEFAP

Ajo Commodities Distribution 🍏

First Thursday, 8-9:30 a.m.

801 N. Cedar St., Ajo, AZ

520-661-5056; CFSP, TEFAP

Amphi Family Resource Center 🍏

Wednesdays; Amphi students and families

435 E. Glenn St. (midtown)

520-696-4097; TEFAP

Amphi Liberation Mutual Aid 🍏🍴

Weekly

Amphi neighborhood (midtown)

Instagram: @alma520az

Anna Lawrence Intermediate

School 🍏

Dates vary

4850 W. Jeffrey Rd. (south side)

520-908-3900; TEFAP

Arivaca Human Resources 🍏🍴🚗

By appointment

17252 W. 5th St., Arivaca, AZ

520-398-2771; TEFAP

Avra Valley Mobile 🍏

Second Friday, 8-10 a.m.

15790 W. Silverbell Rd. (north side)

520-622-0525

Baboquivari School District 🍏

School district families, dates vary

Hwy 86, Milepost 115.5, Sells, AZ

520-719-1200

Borderlands Produce On Wheels 🍏

Dates and locations vary

520-287-2627

Calvary Tucson 🍏

Pantry available upon request, call

Monday-Thursday 9 a.m.-5 p.m.

5170 S. Julian Dr. (south side)

520-573-9933

Caring Ministries 🍏

Weekdays, 7-9 a.m.

820 W. Calle Sur (midtown)

520-882-2645

Casa Maria Soup Kitchen 🍴

Weekdays, 8:30-11:30 a.m.

352 E. 25th St. (south side)

520-624-0312

CDO Food Pantry 🍏

Wednesday, Saturday, 9 a.m.-noon

2950 W. Lambert Lane (north side)

520-742-1168; TEFAP

Christ Church United Methodist 🍏

Tuesday-Thursday, 9 a.m. to noon

655 N. Craycroft Rd. (midtown)

520-327-1116; TEFAP

Community Care Tucson 🍏🍴

Various dates, various locations

Instagram: @communitycaretucson

Community Christian Church of

Marana 🍏

Third Saturday monthly; 9-10:30

a.m.; 13610 N. Sandario Rd. (north side); 520-682-4201

Community Lunch Program –

Pima Council on Aging 🍴

Weekdays, times vary. Ages 60+

Locations & phone numbers vary

Community on Wheels 🍏🍴

401 E. 22nd St. on Saturdays

(midtown); South Tucson on

Tuesdays

Instagram: @communityonwheels

Saguaro Christian Church 🍏🍴🚗🐾

Mon, Wed, Fri, 10 a.m.-noon and

2-4 p.m. (pantry); Wed, 5-6 p.m.

(meals); onsite preschool that

serves meals to kids

8302 E. Broadway (east side)

520-296-5901

KEY

CFSP: accepts Commodity Senior Food Program

TEFAP: accepts The Emergency Food Assistance Program

🍏: Pantry 🍴: Meals

🚗: Delivery 🐾: Pet food

El Rio Health 🍏

Dates on El Rio's social media

6950 E. Golf Links Rd. (east

side); 320 W. Prince Rd.

(midtown)

Envision High School 🍏

Various dates

351 W. Prince Rd. (midtown)

520-887-0045

Esperanza en Escalante 🍏

Tuesday (veterans only) and

Thursday (public), 9-11 a.m.

3700 S. Calle Polar (east side)

520-571-8294

Flowing Wells Assembly of

God 🍏

Fridays, 8-9:30 a.m.

3198 N. Flowing Wells Rd.

(midtown); 520-888-2202

Flowing Wells School District

Family Resource Center 🍏

By appointment. Flowing Wells

students and their families.

4545 N. La Cholla Blvd.

(midtown)

520-696-8614; TEFAP

Friends of Robles Ranch 🍏

Tues & Thurs (10 a.m.-3 p.m.),

Wednesday (3-6 p.m.)

16150 W. Ajo Hwy (southwest)

520-822-4408; TEFAP, CSFP

New Life Church 🍏

Every other week; 8900 E. Golf

Links Rd. (east side)

520-314-1368

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Gabrielle Giffords Resource Center 🍏

Tues, Wed, Fri (8 a.m.-2p.m.); Thurs (noon-6 p.m.); Fourth Saturday (9 a.m.-noon).

3003 S. Country Club Rd. (south side)
520-622-0525; TEFAP, CFSP

Gap Ministries 🍏

Wed-Sat, 9 a.m.-5 p.m.

1994 W. Weymouth St.
(midtown); 520-392-8303

Gator-Aid 🍏

Sunday, noon-2:30 p.m.

Downtown area

Instagram: @gatoraid_tucson

God's Vast Resources 🍏 🐾

Thurs & Sat, 4-6 p.m.; Tues, 3-5 p.m.
for unhoused; 6161 E. 22nd St. (east side); 520-777-9629

Grace St. Paul – Joseph's Pantry 🍏 🐾

Monday, Wednesday, Friday, 9 a.m. to noon

2331 E. Adams St. (midtown)

520-327-6857; TEFAP

Greater Vail Community Resources 🍏 🐾 🚗

Tues (11 a.m.-2 p.m., 3-5 p.m.),
Wed (11 a.m.-2 p.m.), Thurs (noon to 4 p.m.), Fri (11 a.m. to 2 p.m.); varies Sat;
13105 E. Colossal Cave Rd. (east);
520-338-2610; CSFP, TEFAP

Green Valley Food Bank 🍏

Tues, 9 a.m.-2 p.m.; Wed, Fri, 9 a.m.-noon;
250 E. Continental Rd., Green Valley;
520-625-5252; CFSP, TEFAP

The Lot On 22nd 🍏

Thursday, Sunday, 5:15-7:15 p.m.
4343 E. 22nd St. (midtown);
theloton22nd.org

Saint Philip's In The Hills 🍏

Tuesday, 9 a.m.-noon
4440 N. Campbell Ave. (north side)
520-299-6421

Gu-Vo District 🍏

Tohono O'odham Nation,
Hwy 86, Fed Route 1, Mile Post 19, Sells, AZ; TEFAP

HavenTotes 🍏

First 3 Wednesdays, 3-5 p.m.;
fourth Wednesday, 4-6 p.m.;
second Saturday, 9-11:30 a.m.
Application required.

710 S Kolb Rd. (east side)
520-747-1213

His Presence Church 🍏 🍴

Tuesdays, 2-4 p.m. (pantry);
second and fourth Thursday,
1-5 p.m. (TEFAP); second and
fourth Thursday, 3-5 p.m.
(grab-and-go meals).

4108 E. North St. (midtown)
520-722-2217; TEFAP

Holy Family Roman Catholic Church 🍴

Sundays, 3-4 p.m.
338 W. University Blvd. (midtown)
520-623-6773

IMPACT of Southern Arizona 🍏 🚗

Requires enrollment.
3535 E. Hawser St. (north side)
520-825-0009; TEFAP

Interfaith Community Services 🍏

Monday-Saturday, 8-11 a.m.;
also 5-6:30 p.m. on Tuesday
and Thursday. Mobile pantry
dates vary.

2820 W. Ina Rd. (north side)

Mobile pantry locations vary.
520-297-6049; CFSP, TEFAP

Rincon Congregational UCC 🍴

Typically fourth Tuesday (check
during holidays). 11:30 a.m.-1:30
p.m. 122 N. Craycroft Rd. (east
side); 520-745-6237

KEY

CFSP: accepts Commodity Senior Food Program
TEFAP: accepts The Emergency Food Assistance Program

🍏 : Pantry 🍴 : Meals
🚗 : Delivery 🐾 : Pet food

International Sonoran Desert Alliance 🍏

Wednesday and Friday,
10 a.m.-2 p.m.

411 W. Esperanza Ave., Ajo, AZ
520-387-3364

ISKCON Tucson 🍴

Third Monday, 7:30 a.m.
317 W. 23rd St. (south side)
520-792-0630

Lend A Hand Seniors 🚗

Sign-up required
520-248-6882

Littleton Food Bank 🍏

Monday, Tuesday and Thursday,
8-11 a.m.

6465 S. Craycroft Rd. (east side)
520-574-2263

Marana Food Bank 🍏

Tues, 9 a.m.-1 p.m., Thurs and
Fri, 9 a.m.-noon; Wed, 2-5 p.m.
11734 W. Grier Rd. (north side)
520-697-0022

Marana School District – Family Resource Center 🍏

Weekdays, 8 a.m.-3:30 p.m. By
appointment, available to
students and family
7651 N Oldfather Dr. (north side)
520-616-3013

Market on the Move – The 3000 Club 🍏

Dates vary
Locations vary
520-373-5256

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Masjid Tucson 🍏

Wednesday and Saturday,
3:30-5:30 p.m.
5010 E. Bellevue St. (midtown)
602-999-9447

Monsoon Mystics 🍏

Thursday, noon-6 p.m.; Friday-
Saturday, 10 a.m.-6 p.m.;
Sunday-Monday, 10 a.m.-5 p.m.
657 W. Saint Marys Rd. (midtown)
520-485-8739

Most Holy Trinity Church 🍏

Available upon request.
1300 N. Greasewood Rd. (west
side). 520-884-9021

Neighbors Feeding Neighbors –

St. Andrews Episcopal Church 🍴

Mon-Wed, 8 a.m.-noon; Thurs-
Frid, 9 a.m.-noon; 545 S. 5th Ave.
(midtown); 520-622-8318

New Jerusalem Missionary

Baptist Church 🍏

Friday, 9-10:30 a.m.
1341 S. Tyndall Ave. (south side)
520-903-1732

New Life Community Services 🍏

Thursday, 9 a.m.-12:30 p.m.
330 W. Nebraska St. (south side)
520-889-5422

New Spirit Lutheran Church 🍏 🍴

Second and fourth Thursday, 8:30-
10 a.m. (drive-thru pantry); Second
Saturday (meals to unhoused);
Tuesdays (meals to schools)
8701 E. Old Spanish Trail (east side)
520-296-2461

Northminster Presbyterian Church

Deacon's Pantry 🍏 🍴

Tuesday, 8-10 a.m. (Pantry);
Monday, 5:30-6:30 p.m. (Meal)
2450 E. Fort Lowell Rd. (midtown)
520-327-7121

Pascua Yaqui Tribe - Tu'l

Bwa'ame Pantry 🍏

Weekdays, 10 a.m.-3 p.m.
7474 S. Camino de Oeste
(southwest)
520-870-5640

Passion Church 🍏

Thursday, 11 a.m.-3 p.m.
1212 S. Palo Verde Ave. (midtown)
520-325-2045
TEFAP

Picture Rocks Mobile 🍏

Fourth Friday, 8-9:30 a.m.
5615 N. Sanders Rd. (west side)
520-622-0525

CFSP, TEFAP

Pima Community College 🍏

Dates vary. Offered to students
and staff of PCC.
Multiple locations
520-206-6720

Pima County Public Library –

Snack Time 🍴

Dates vary. Snacks offered to
anyone under age 18
Multiple locations
Multiple phone numbers

Pio Decimo Center – Catholic

Community Services 🍏 🚗

Tues-Fri, 9 a.m.-3 p.m.; also offers
senior delivery separate from Pio
Decimo Center. 848 S. 7th Ave.
(midtown). TEFAP
520-622-2801 (pantry); 520-624-
1562 (delivery)

Primavera Foundation 🍏 🐾

Monday, Wednesday, Thursday
and Friday, 9 a.m.-12:30 p.m.
(drop-in); Weekdays, 8:30
a.m.-4:30 p.m. (resource center)
702 S. 6th Ave. (midtown)
520-623-5111; TEFAP

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Queer Girl's Pantry for Kids 🍏 🍴

Weekdays, 8 a.m.-4 p.m. For kids
and their families.

525 S. Rosemont Ave.

Instagram: @urlovedtucson

Tucson FREEdge 🍏

Available 24/7 with portapotty,
microwave & toaster access;
2831 E. Broadway (midtown);
520-500-2047

Sahuarita Food Bank 🍏 🚗

Tuesday and Wednesday (9
a.m.-1 p.m.); Thursday (noon-5
p.m.); Saturday (9 a.m.-noon)
17750 S. La Cañada Dr., Sahuarita
520-777-7675

CFSP, TEFAP

Salvation Army – Amphi Corps

Mon-Thurs, 9 a.m.-noon (regular
pantry). First and third Wed, 9
a.m.-noon (frozen food)
218 E. Prince Rd. (midtown)
520-888-1299

TEFAP

Santa Cruz Lutheran Church 🍏

Wednesdays, 11 a.m.-7 p.m.
6809 S. Cardinal Ave. (southwest)
520-883-2937

TEFAP

Sister José Women's Center 🍴

Meal service to unhoused women
6 days weekly
1050 S. Park Ave. (midtown)
520-909-3905

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Southside Presbyterian Church 🍴

Monday and Friday mornings
317 W. 23rd St. (south side)
520-623-6857

South Tucson Community Outreach 🚗

Applicants must reside in Tucson's south side or in South Tucson.
520-889-0952

St. Francis Community Services 🍎🍴🐾

Wednesdays and Saturdays, 9-11 a.m. (pantry); soup services offered Nov-March
3200 N. Los Altos Ave. (midtown)
520-461-4943

St. Paul's United Methodist Church 🍎🐾

Weekdays, 9-11:30 a.m.
8051 E. Broadway (east side)
520-296-6149

St. Vincent de Paul – Our Mother of Sorrows 🍎

Weekdays, 9 a.m.-noon
1800 S. Kolb Rd. (east side)
520-747-1321

Sunnyside Foundation 🍎

For Sunnyside students and their families. Monthly food distribution. Call to set up.
520-437-1163

The Tucson Family Food Project 🍴

Meal kits for kids
520-720-8952

Arizona Pet Project 🐾

Requires application
602-882-8627

Trinity Presbyterian Church 🍎

Tuesdays and Thursdays, noon-3 p.m.
400 E. University Blvd. (midtown)
520-623-2579; TEFAP

Tucson Food Share (Food Not Bombs) 🍎🚗

Monday, 4:30-6 p.m.; Thursday, 6-7:30 p.m.; Saturday, 8-9:30 a.m.
Delivery within 6 miles of Grant/Stone
2500 N. Stone Ave. (midtown)
520-222-9242

Tucson Indian Center 🍎

Monday, 11 a.m.-4 p.m.; Tuesday-Friday, 9 a.m.-4 p.m.
160 N. Stone Ave. (downtown)
520-884-7131; TEFAP

Tucson Mountain Baptist Church 🍎🐾

Tuesdays and Thursdays, 3-5:30 p.m.
5757 W. Ajo Hwy (southwest)
520-523-7884

Tucson Unified School District 🍎

For TUSD students and their families.
Call for info.
520-225-2100

United Christian Fellowship 🍎

Third Saturday
7500 E. Golf Links Rd. (east side)
520-398-7277

University of Arizona Campus Pantry 🍎

Campus pantry: Tues, 3-7 p.m.; Wed & Fri, noon-3 p.m.
North pantry: Thursday, noon-2:30 p.m. Open to UA students/staff.
Student union (campus pantry); Health Sciences Library (north)
WORKshop Project 🍴🐾
Sundays, 9:30-10:30 a.m.
288 N. Church Ave. (downtown)
520-907-9057

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Youth On Their Own 🍎

Food/resources offered to students enrolled in YOTO.
2525 N. Country Club Rd. (midtown)
520-293-1136

Mobile Meals of Southern AZ 🚗

Weekdays. Enroll for services.
520-622-1600

Pima Meals on Wheels 🚗

Ages 60 and up who qualify
520-790-7262

Cody's Friends 🐾

codycommunitypets@gmail.com

Hermitage No-Kill Cat Shelter 🐾

Third Thursday, 10 a.m.-2 p.m.
5278 E. 21st St. (midtown)
520-571-7839

Humane Society of Southern AZ 🐾

Dates vary; 635 W. Roger Rd. (midtown); 520-327-6088

Pima Animal Care Center 🐾

520-724-5900

Scarritt Foundation 🐾

Monthly basis. Various locations.
connect@scarrittfoundation.org

Southern AZ Animal Food Bank 🐾

Monday, Tuesday, Friday and Saturday, 11 a.m.-4 p.m.
4444 E. Grant Rd. (midtown)
520-268-7299

Animal League of Green Valley 🐾

Thursday-Monday; times vary
1600 W. Duval Mine Rd., Green Valley. 520-625-2189